
Raspberry Chocolate Overnight Oats

Modified from original recipe by Blogger and author: ElaVegan.com

2 servings

Ingredients

- 2 TBS Unsweetened Shredded Coconut
- 2 cups Unsweetened Plant-Based Milk
- 1 cup Raspberries (or other berry)
- 2 TBS Cocoa powder, unsweetened, organic (can omit if you don't like chocolate)
- 2 TBS Flax meal
- 1 cup Rolled oats (can reduce quantity if limiting grains)
- optional: additional 1-2 TBS of hulled hemp hearts, pumpkin seeds or other seeds

Directions:

1. The night before: Combine all ingredients in a bowl and stir. Cover and refrigerate overnight.
2. In the morning: Add a splash of unsweetened soy/nut/rice milk if desired and enjoy!