

---

# GI Effects Stool Test Instructions

---

---

Last updated 07/2020

## Essential Reminders:

- Double-check that this kit has not expired.
- **Please read through the instruction packet thoroughly at least 48hrs PRIOR to starting the testing, if the test is completed improperly with inaccurate results the lab will require secondary payment to redo the testing.**
- Be sure to fill out all of the patient information and billing information on the test requisition form.
- Be sure to label ALL collection samples according to the kit instructions in the box. If the samples are not all labeled as the instructions explain, this will result in the test not being processed and may require you to do the test over again.
- Stop probiotics/antimicrobials 3-5 days prior to taking the sample (*If your doctor recommends a longer or shorter period of avoidance, follow those instructions*).
- Always collect from multiple sites on the sample (both ends and middle). This improves the efficacy of the test results as microbes are not evenly distributed in a stool sample.
- ONLY fill up to the RED FILL LINE - please make sure not to over-fill or under-fill as this will prevent the samples from being analyzed.
- If you cannot send out the sample the same day, refrigerate it and send ASAP.
- **MUST BE PICKED UP** - they will not accept at FedEx locations and please do not use a drop-box

**These tests results will take a full 2 weeks to process before the results will be available.**

---

***It is YOUR responsibility to schedule an appointment in anticipation of these results. Our office will not automatically contact you when the results are in to schedule an appointment.***

## **General Instruction Notes**

- Be sure to mark the “Date of Final Sample Collected” on the front of the test form.
- Also fill out all patient information in the patient information section on the back of the form.
- Be sure to fill out all the billing information.
  - While there is an insurance option which you can attempt to use, insurance coverage is extremely unlikely for these tests. 99% of the time, it will be cheaper to use the “cash” option. You can pay the full amount in one installment OR you can pay it in three payments. The first of three payments is due at the time of testing, and the remaining payments are paid one month later and two months later.
- You must sign and date where it says: Patient Responsibility Party Signature.
- **Be sure to label all of the collection tubes/samples in the kit** for the kit to be processed.
- Make sure you refrigerate the sample after it is collected until it is picked up.
- Call FedEx the day of the completion and schedule a pick-up.

**Double-check to ensure that you filled out ALL the relevant patient information before sending in your samples. Failing to sign, label or date any aspect of the testing requisition or samples themselves may result in delay or even non-completion of your test results.**